



DELAWARE DEPARTMENT OF AGRICULTURE
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To: Newsroom Directors and Assignment Editors

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**Howard Helmer, *the world's fastest omelet maker*, will appear at the State Fair
Omelet Lovers and Fair goers save the dates of July 20 and 21!**

The Delaware Department of Agriculture and the American Egg Board are proud to announce that Celebrity Chef, Howard Helmer, will appear at the Delaware State Fair on July 20 and 21. Delaware State Fair visitors are invited to join the world's fastest omelet maker, Howard Helmer, at the Delaware Department of Agriculture's Commodities and Education buildings, on July 20 and 21. Stop by and learn how to make *incredible, edible egg* omelets in a jiffy. His specialties are truly *eggcellent*.

July 20

11:00 AM – 12:00 PM – Omelet demonstrations and tasting in the Ag Commodities Building kitchen
2:00 PM – 3:30 PM – Meet the *World's Fastest Omelet Maker* at the DDA Education Booth
4:00 PM – 5:00 PM – Omelet demonstrations and tasting in the Ag Commodities Building kitchen

July 21

11:00 AM – 12:00 PM – Omelet demonstrations and tasting in the Ag Commodities Building kitchen

Each day will feature drawings for egg related prizes.

Howard Helmer travels across the nation demonstrating his omelet prowess and promoting eggs for the American Egg Board. According to Guinness *World Records*, Helmer is the "World's Fastest Omelet Maker."

For more information about Helmer, check his website: <http://www.incredibleeggman.com/>

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